

Elim Lutheran Church

Sunday School/Adult Education 9 a.m.
Worship Service 10:00 a.m.

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THE Elim Scribe

Volume 66, Issue 7

July 2016

Reflections from the Wahlen Home

By David Thomas



Back in 2012, I was attending a meeting of InterFaith Works! At the Ogden Regional Medical Center. A nice meal was served at this meeting, and it happened that I sat next to Pastor Rick Minnich of First Presbyterian Church.

Rick told me of a new ministry First was involved in, along with several other local Protestant churches. About once every six weeks, a church would lead the Protestant Worship Service at the George E. Wahlen Veterans' Home. He invited Elim to join in this ministry.



The George E. Wahlen
Veterans' Home

I brought this invitation back to Elim and discussed it with Pastor DanaLee, our pastor at that time. She

said she thought it was an excellent and worthy idea, but that she was not able to add even one more thing to what she was already doing. (Remember, she was called as a part-time pastor)

Pastor DanaLee invited me to start the ministry myself if I wanted to do so. I did, and so the Wahlen Worship Team ministry began.

We began with a short bulletin and hymns sung from the old green hymnal. It was Sue Munson who noticed that the veterans, most of who are quite advanced in age, had difficulty using both the bulletin and the hymnal, so we began printing the hymns in the bulletin, which has a larger font size than what we use at Elim on Sundays to help the vets more easily read

the bulletin.

When we arrive at the Veterans' Home, some of us set up the room for worship. We set out chairs, and move a table to serve as the altar. Jim Trenholm has built a wooden cross for the altar, and donated battery operated candles to light during the service. We take one bouquet of the altar flowers to beautify our altar there, and after worship present it to one of the worshipers.



Palm Sunday 2016 at the Veterans' Home. Everyone is waving their palm leaves on high and calling out, "Hosanna to the Son of David!"

As the room is set up, others go to the various wings and invite the known Protestants to come to church, escort them down, and sit with them during the service.

I have met so many wonderful people through this ministry. Here are a few (first names only): Nick, a "nice" Marine drill sergeant; Wanna who is blind but sings from memory; and Harold, a member of the LDS church who attends every Sunday and takes the grape juice for Communion. It was Harold, who, when I gave him the bread and said, "The Body of Christ, broken for you," took the bread, and then said, "That was mighty nice of Him."

And Roy. I'm going to say a little bit more about Roy.

Roy was a member of the LDS church who dropped in one Sunday to our worship service. He (Continued next page.)

Who are they?

Hint: The postulant in this photo preached the sermon on June 26 and wrote the lead article in the June SCRIBE, "Love: The Name of the Father."

Answer on Page 7, upside down.



Through the power of the Holy Spirit, Elim Lutheran Church seeks to be a healing, equipping, and serving community of faith.

—Mission Statement

Continued from page 1

enjoyed it, and we then began inviting him every Sunday we were there and he became a regular.

One Sunday, it happened that it was my turn to invite people from Roy's wing. When I went in Roy's room, I was blown away! As many of you know, I have been for many years a Boy Scout Leader, and, I discovered, so had Roy.



Roy with his Boy Scout patches and badges.

He had a leather skin on his wall many Boy Scout patches and awards on it. He told me how he had mentored 37 young men to their Eagle. We were so excited that we almost forgot to go back to church, and so at that time, I missed the other medals. But I saw them when I took him back.

At the other end of Roy's wall was a display case of military decorations, with a folded flag. I looked closely at them, noticed that they were all World War II decorations, and asked Roy what unit he had served in.

Of course, I knew that he was a veteran, or he could not have been living in the Wahlen Home, but I was blown away again, when he quietly answered, "442nd Infantry."

During World War II, paranoia caused the USA to inter many of its citizens of Japanese ancestry in relocation camps. In 1943, men who wanted to serve their country, the USA, were released from the relocation camps to join the Army and formed the 442nd Infantry Regiment and the 100th Battalion.

The 442nd Regiment was the most decorated unit for its size and length of service in the history of American warfare. The 4,000 men who initially made up the unit in April 1943 had to be replaced nearly 2.5 times. In total, about 14,000 men served, earning 9,486 Purple Hearts. The unit was awarded eight Presidential Unit Citations (five earned in one month). Twenty-one of its members were awarded Medals of Honor. Its motto was "Go for Broke." *

All veterans are heroes, but I was standing in the presence of a legend!

I told Troop 54 about Roy, and the Troop adopted him as a member. He attended the 2015 Mountain View District Eagle Banquet as our guest, where he was invited to speak to the Eagle Scouts and their parents and leaders. It was my honor to be invited to introduce him. Roy passed way not long after that, at the age of 93. My life is richer because I knew him.

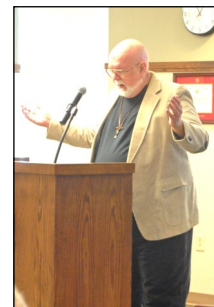


Roy with his World War II decorations and medals.

In April, 2016, I received a call from Tom Wixow at the Wahlen Home. They were having a Memorial Day Service, and they wanted me to give the invocation. I told Tom that I was not an ordained pastor, and he said he didn't care. They wanted me. (Why me? I'll never know.)

So, I researched and wrote a prayer, then went and sat with the dignitaries, including Mrs. George Wahlen, and Frank Maughn, member of the national executive committee of the Disabled American Veterans, who gave the keynote. A frail, old veteran in a wheelchair led the Pledge of Allegiance, and the Wahlen Home Bell Choir, which included three members of our Sunday afternoon congregation, played "America."

Our next two times to lead worship at the Wahlen Home are July 24 and September 4. You are invited to join us.



Dave gives the invocation at the Wahlen Home on Memorial Day.

The prayer I wrote for the invocation is on the page across. I taught everyone there how to respond to "Lord, in your mercy," with, "Hear our prayer. The first one was a bit weak, but by the end of the prayer they were saying it with as much enthusiasm as we Lutherans do.

Photos of Roy in this article by Dave Thomas.

Welcome JULY

SUMMER FRUIT PIZZA

Celebrate summer with this tasty dessert pizza, using your favorite summer fruits as the toppings.

What you need:

- 1 tube slice-and-bake sugar cookie dough
- Knife
- Round pizza pan
- 8 ounces cream cheese
- 1/3 cup sugar
- 1/2 teaspoon vanilla
- 2 cups sliced fruit
- Adult help

What you do:

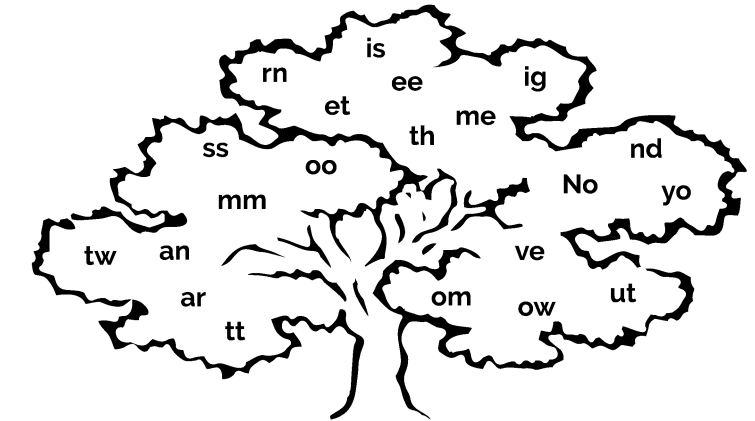
1. Cut the dough into slices 1/8-inch thick. Place slices on the pan, overlapping them slightly.
2. Bake at 375 degrees for 12 minutes. Let cool.
3. Combine softened cream cheese, sugar and vanilla, mixing well. Spread this "frosting" over the baked-cookie "crust."
4. Arrange fruit on top of the pizza.
5. Slice and enjoy!

PUZZLE

Signs of Summer

Jesus told his disciples that fig trees indicate when summer is approaching.

Directions: Complete the Bible verse below by placing the letter pairs from the tree into the correct blanks.



" ___ w lea ___ th ___ le ___ on
fr ___ the f ___ tr ___: As s ___ n
as its ___ igs g ___ te ___ er ___ d
its lea ___ s co ___ o ___, ___ u
kn ___ ___ at su ___ er is ne ___."
Ma ___ hew 24:32, NIV

Answer: "Now learn this lesson from the fig tree: As soon as its twigs get tender and its leaves come out, you know that summer is near."
Matthew 24:32, NIV

* [https://en.wikipedia.org/wiki/442nd_Infantry_Regiment_\(United_States\)](https://en.wikipedia.org/wiki/442nd_Infantry_Regiment_(United_States))

2016
General Fund Income/Expense Comparison

| | Income | Expense | Difference |
|-------------------------|--------------------|--------------------|------------------|
| January | \$9,721.80 | \$8,656.34 | \$1,065.46 |
| February | \$10,178.10 | \$10,127.90 | \$50.20 |
| March | \$9,865.00 | \$6,128.61 | \$3,736.39 |
| April | \$6,348.23 | \$8,996.49 | -\$2,648.26 |
| May | \$7,318.60 | \$10,017.10 | -\$2,698.50 |
| June | \$0.00 | \$0.00 | \$0.00 |
| July | \$0.00 | \$0.00 | \$0.00 |
| August | \$0.00 | \$0.00 | \$0.00 |
| September | \$0.00 | \$0.00 | \$0.00 |
| October | \$0.00 | \$0.00 | \$0.00 |
| November | \$0.00 | \$0.00 | \$0.00 |
| December | \$0.00 | \$0.00 | \$0.00 |
| Increase/deficit | \$43,431.73 | \$43,926.44 | -\$494.71 |

The above figures are the most recent figures available as the Scribe went to press.

Property(Is at it again)

We are in the process of planning a bake sale along with a parking lot sale. It will take place on Saturday, July 30, from 9 a.m. to 3 p.m.



A Rummage Sale at Elim in 2012.

We are accepting donations of gently used items. There is space for us to store them at the church. If you have large items, we ask that you please hold onto them until the day of the sale.

We could use some volunteers to help price everything the day before the sale, and some volunteers the day of the sale to help oversee everything.

ALL PROCEEDS WILL GO TO THE RESTORATION FUND

If you have questions or donations to be dropped off, please feel free to call or e-mail Nancy Jorgensen. Thank You.

The Little Shed That Could

Hello Everyone,

Well finally the shed has a new face, and, I hope, a little better hasp, so no one can pry it off.

We put new siding on it, fixed the roof and rebuilt the whole door.

It still needs to be painted, but since the siding is primed ready for paint we don't need to do it right away.

Then I guess it is on to another fixit project.

Repairs were paid from your donations to the Restoration Fund (Thank you!) and were about a fourth what it would have cost to replace the shed with a new one.

*Nancy Jorgensen,
Council Facilitator for Property*

Memorial Day Prayer*
For the George E. Wahlen Veterans' Home

O God, we remember today those who laid down their lives for others. Give us the strength to live together as a faith community in humility and gentleness of spirit, maintaining the bond of peace. Lord, in your mercy.



Hear our prayer.

Gracious Lord, we give thanks for the many freedoms that we enjoy. We pray for the families of the men and women who have died in service of our country and ask that you grant to them your Spirit of Comfort and Peace. Watch over them and bless them. Lord in your Mercy. **Hear our Prayer.**

We pray for the men and women who suffer from the tragedies of military service. Send your Spirit of Healing upon them and heal them in body, mind and spirit. Bless them in their recovery. Be with them in their suffering and keep watch over them. Lord in your Mercy. **Hear our Prayer.**

For those who suffer from the emotional or mental anguishes of service, we pray for your Spirit of Peace to engulf them. Be with them as they fight their demons – real or imagined, and surround them with your Spirit of Protection. Lord in your Mercy. **Hear our Prayer.**

We lift up to you our men and women in the military and ask that you watch over them and protect them from the evils of this world. Lord in your Mercy. **Hear our Prayer.**

We pray for the leaders of our nation and ask that you grant them your wisdom and counsel in their leadership. Keep them ever mindful of their obligation to support both those serving on active duty, the veterans who have given their service, and the military dependents who stand and wait. Lord in your Mercy. **Hear our Prayer.**

We pray for military spouses and dependents. Bless them in their struggles, lift them when they stumble, and carry them in their sorrows. When loneliness comes close, may they feel you come closer still. May your love protect them and heal them. Lord in your mercy.

Hear our prayer.

We lift our prayers to you, O God, trusting your promise to hear us; through Jesus Christ our Lord.

Amen.

*Also appropriate for Armed Forces Day, Veterans' Day, and Military Spouses' Day.

Based on prayers and poetry by Chaplain Kelly Waltz, by Kristen, from Sundays and Seasons, from "When I consider how my light is spent" by John Milton, and also with some of my own words.

July Bible Readings



Sunday, July 3, 2016 - Pentecost 7

Isaiah 66:10-14
 Psalm 66:1-9
 Galatians 6:[1-6] 7-16
 Luke 10:1-11, 16-20

Sunday, July 10, 2016 - Pentecost 8

Deuteronomy 30:9-14
 Psalm 25:1-10
 Colossians 1:1-14
 Luke 10:25-37

Sunday, July 17, 2016 - Pentecost 9

Genesis 18:1-10a
 Psalm 15
 Colossians 1:15-28
 Luke 10:38-42

Sunday, July 24, 2016 - Pentecost 10

Genesis 18:20-32
 Psalm 138
 Colossians 2:6-15 [16-19]
 Luke 11:1-13

Sunday, July 31, 2016 - Pentecost 11

Ecclesiastes 1:2, 12-14; 2:18-23
 Psalm 49:1-12
 Colossians 3:1-11
 Luke 12:13-21

Did you know that there are Bible readings appointed for every day of the year?

Trinity Evangelical Lutheran Church in Camp Hill, PA, has them all online!

Here is the URL. <http://tinyurl.com/hcgoytx>

Would you take Communion to homebound and hospitalized members?

In 2011, Pastor DanaLee trained a team of volunteers to take Holy Communion to our members who are homebound or hospitalized.

With Pastor DanaLee's departure, some volunteers moving away, and others being no longer able to serve, we now need to recruit more people to do this.

How often you took Communion to someone would be up to you. The only requirement for serving in this way is that you be baptized and willing to take a short training class.

If you are willing to help in this way, even just one time, please speak with David Thomas or Bonnie Rembacz.



Left, Pastor Lorrie Gaffney of the Congregational United Church of Christ leads worship on June 19, 2016.



Below, lay assisting minister Rick Winer leads the prayers.

E
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M



VBS Games!



VBS Crafts!



VBS Fundraising!



VBS Storytelling!



VBS Food!



VBS Music!



Guess who won the VBS mascot, Dodger?



VBS Closing Program!

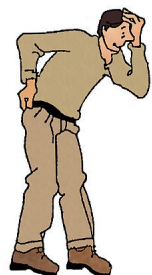
Heal thy Self with Jennifer James

Jennifer James, a certified dietician, shares her thoughts on healthy living.



Active with Arthritis

I know many of you in the congregation suffer from arthritis. I also know that if you don't move much it tends to make the arthritis worse. How does a person with arthritis pain make it work?? A good friend of mine with severe arthritis exercises regularly though it causes some discomfort. She has told me she feels more pain if she doesn't exercise.



I am not an exercise professional, let's get that straight. You should see your doctor before trying any new exercise routine and preferably work with a physical therapist or credentialed exercise professional for the proper way to go about this. With that out of the way, this is what the "Exercise is Medicine" (EIM) Initiative recommends:

Walking is often the easiest form of activity. Multiple short sessions are better tolerated, such as 10 minutes several times a day. The EIM website recommends a long warm up and gradual cool down. Start slowly, focus on increasing the time instead of distance. Pay attention to how you are feeling, take a break if you need to. A



good sturdy pair of shoes is essential.

Avoid vigorous repetitive activities, such as jogging. Strength training several times a week is also recommended as muscles tend to atrophy when they are not used much, such as those around an arthritic knee or hip. Try to use the affected joint, stretch the muscles around the joint, for example.

To find a credentialed exercise professional in this area, go to this website: <http://bit.ly/1Mq6ldN>. If that doesn't work, a referral from your doctor to a physical therapist is always a good approach. Good luck, becoming more active with arthritis.

It is possible!

Web site: exerciseismedicine.org

Coming in September—God's Work, Our Hands Sunday!

For the last two years, Elim has participated in ELCA's national day of service, *God's Work, Our Hands Sunday*.

The first year we did it on our own, but last year we teamed up with Ascension.



GWOH Volunteers from Elim & Ascension at Youth Futures Utah on September 13, 2015

During VBS, Pastor Zeller of Ascension told Dave Thomas that at their last meeting, Ascension's Church Council had enthusiastically voted to join with Elim again in doing service projects on GWOH Sunday.

They would like to start planning meetings soon, so now we need some volunteers to step forward and help plan.

If you are willing to help plan GWOH Sunday, please contact Dave Thomas or look for the new signup sheet on our signup board.

Fellowship

Directory Changes

Please make this correction on **Mike Morgan's** new phone number. It is 801-332-0539. As of July 1, Mike's new address will be 234 24th Street, Ogden, UT 84401.

Lionel Kelley's new phone number is 801-620-0535.

Brittany, Zane, and Evelyn Argyle's new address is:

1063 Nalder St.
Layton, UT 84040

Katie Young is excited to have her first apartment! Her new address is:

6045 S. Ridgeline Drive
Apt. B102
South Ogden, UT 84405.



Congratulations, Jonathan!



Jonathan Lee (l) accepting the Special Olympics "Athlete of the Year" Award.

Elim congratulates Jonathan, and also his family for their support of his efforts.



LLNO/LGNO

Announcing!



The Lutheran Ladies' (and Gentlemen's) Night Out In July will be on an afternoon!



At 4:00 p.m. on Sunday, July 17, LLNO/LLGO will attend *It's a Two-Bit Town* by Babs Delay.

The play is, "An ol' fashioned, original, knee-slappin' melodrama about O-Town* that's fun for the whole family!"

Tickets are \$17 and are available online at <http://www.goodcotheatre.com/> or at the door.

Good Company Theatre is located on the second floor at 260 25th Street Ogden, UT 84401 and is accessible only by stairs.

If you have questions, or if a group would like to go eat together before or after the show, please contact Gloria Wurst.

* O-town, noun. Hipster slang for "Ogden."

Transition Report

By Rick Widner



Exciting news!

The Rocky Mountain synod understands that we are a small congregation in Utah in need of a **part time** pastor. They are trying to be creative, given our situation.

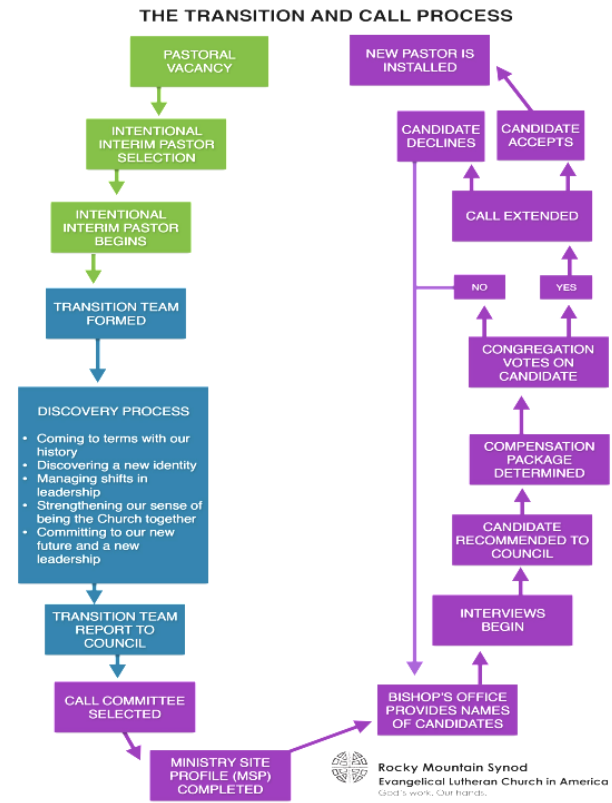
Right now they have given us an option. We are looking at a **one year term** call for an intentional interim pastor who could turn into a **full time** pastor if all goes well during the first term.

If it doesn't work out after the year we will have done the work necessary to put out a formal call.

A regular call, like the one Pastor DanaLee had, is open-ended. A term call differs in that the pastor is called for a specific period of time, in this case one year, at the end of which the call ends.

Watch this space next month, and be ready to hear announcements at church, to learn more.

By next month, we may be able to tell you more information about our possible interim pastor, including that person's name!



An 11x17" copy of this chart is displayed on the bulletin board. If you would like a copy for yourself, please tell David Thomas, who will happily copy one for you.

Evangelism

Elim will be in the Pioneer Days Parade again!

For the last two years, Elim has had a float in the Pioneer Days Parade. Luke Widner has led this effort and is doing so again this year.



Elim's float in the 2015 Pioneer Days Parade.

Please contact Luke if you would like to help reassemble and decorate the float, or if you would like to be in the parade crew.



The original Parade Crew on July 24, 2014, is ready to begin the parade!

The parade will be on Monday, July 25, at 9:00 a.m. The Parade Crew should meet at Elim on the parking lot at 7:00 a.m.

Fellowship

Faith Hikes!



Faith Hikers on September 22, 2013.

What's missing in this picture? You are!

Elim Faith Hikemeister Amanda Rodie plans on having Faith Hikes every other Saturday at 9:00 a.m. Anyone who is interested should meet on the church parking lot.

The first two hikes were to Skull Crack Trail by Causey and to Waterfall Canyon. The next two hikes will be on Saturdays, **July 9 and 23**, destination still to be determined. Tell Amanda if you have a favorite trail to recommend.

Please wear appropriate hiking footwear, bring plenty of water and anything you might want to eat. Don't forget your hat and sunscreen!



the Wahlen Home. Diane is an associate member of Elim.

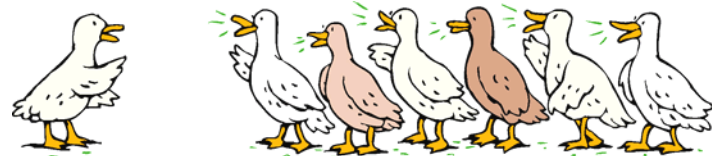


Below: Diane Krantz today, preaching at Right, her father, Edward Michael Krantz. Left, Sr. M. Diane Krantz.



Who's in the photon the cover ?

Congregational Meeting and Annual Picnic



Plan ahead and save the date: On August 21 immediately following worship, we will hold Elim's Summer Congregational Meeting and a potluck picnic. (If the heat is excessive, the picnic will be in the

Fellowship Hall.)

Don't miss this—important reports will be given and important decisions made. We look forward to seeing you there!

Council News

